

Better Homes and Gardens®

Recipe for a
Cottage
Garden

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Easy Summer Living

**7 Best Steaks
to Grill Tonight**

**No-Fail
Flower
Border
(Plan Inside!)**

**9 Breezy Ways to
Refresh Rooms**

**Plus: Country's
Clean New Look**



Play It Safe

Cool clothes and gear to outfit your kids for a fun, protected summer.

BY MYATT MURPHY
PHOTOS MARTY BALDWIN

TOP TO BOTTOM

Made from a chemical-free fabric that's both chlorine- and salt water-resistant, Sun Busters swimwear—available in all sizes—blocks 98% of all harmful UV rays, giving kids 50+ UPF coverage from the sun whether they're wet or dry. \$52, sunbusterskids.com



REC SPECS

With thick polycarbonate lenses and safety strap, these prescription-ready shades keep eyes safe. \$145 and up (depending on prescription type), Liberty Sport; libertysport.com



ON GUARD

This digital wristwatch has a built-in 110-decibel alarm your child can activate in an emergency, along with a small clip-on flashlight. Available in two styles. \$20, Concord Camera Corp.; onguardkids.com



BRIGHT IN THE DARK

A built-in crank means Life Gear's flashlight never needs batteries. What we love about it: The reflective wrist strap and glow-in-the-dark shell keeps your child visible, even when the flashlight is off. \$22, lifegearcompany.com



LIGHT ON THEIR FEET

The salt water-friendly Ecco Starfish sandal wraps around the foot for safety while its open mesh design keeps feet cool and dry. \$55, eccousa.com



DRINK PACK

This small pack carries a 1-liter water bladder so your kids can cool off—and stay safely hydrated—anywhere. \$39.50, REI; REI.com

